

SOMERBY   
MOBILE

Live the life you so  
richly deserve.



# new way to feel more at home.

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In many ways, life at Somerby Mobile is just what you would imagine. Spacious apartments. A caring staff. The beautiful, Alabama surroundings. But it only takes a slightly deeper look to discover that it offers all those things and so much more.

Somerby Mobile is operated by Bridge Senior Living, which means we go beyond the expected. We strive to care more. To innovate more. To inspire more. All to help you create a lifestyle that is as abundant and fulfilling as you dare to dream.





# The beauty of Alabama inside and out.

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Somerby Mobile is tucked in a delightfully wooded spot in west Birmingham. But its location is just as convenient as it is peaceful, so you're never far from whatever you want – be that a relaxing night at home or an evening show in town.

## Where are we?

901 Somerby Drive  
Mobile, AL 36695  
866-382-7801



IMAGES OF THE WEST MOBILE, AL SURROUNDING AREA



IMAGES OF THE WEST MOBILE, AL SURROUNDING AREA



# A sanctuary for every season.

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On the journey of life, we  
sometimes get to choose our paths,  
and sometimes we encounter  
unexpected detours.

As a Bridge Senior Living community, Somerby  
Mobile helps create rewarding lifestyles for all  
our residents. With Independent Living, Assisted  
Living, Memory Care, and therapy care options,  
along with round-the-clock expert health  
services and support, life here always fosters a  
sense of serenity, safety, and satisfaction.



# Independent Living

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**Home is where the heart is and the hard work isn't.**

Whether you call it maintenance-free, worry-free, or stress-free, the key word in all those descriptions is “free.” Because that’s what Independent Living at Somerby Mobile is all about – giving you freedom from the worry and responsibility of house ownership, and the freedom to do, well, whatever you like.

*A few features of Independent Living at Somerby Mobile include:*

- *Full-service dining facilities with chef-prepared meals, including a full-service breakfast and Sunday champagne brunch*
- *Weekly – and thorough – housekeeping*
- *The peace of mind of knowing that daily assistance is just moments away*
- *Arranged transportation for shopping and appointments off-site*
- *Activities, events, and programs that you’re sure to enjoy*

## We offer a dozen Independent Living floor plans, ranging from studio apartments to 2-bedroom/2-bath apartments and villas.

All are quite spacious, so there's always plenty of room for friends and family to gather.

### All apartments include

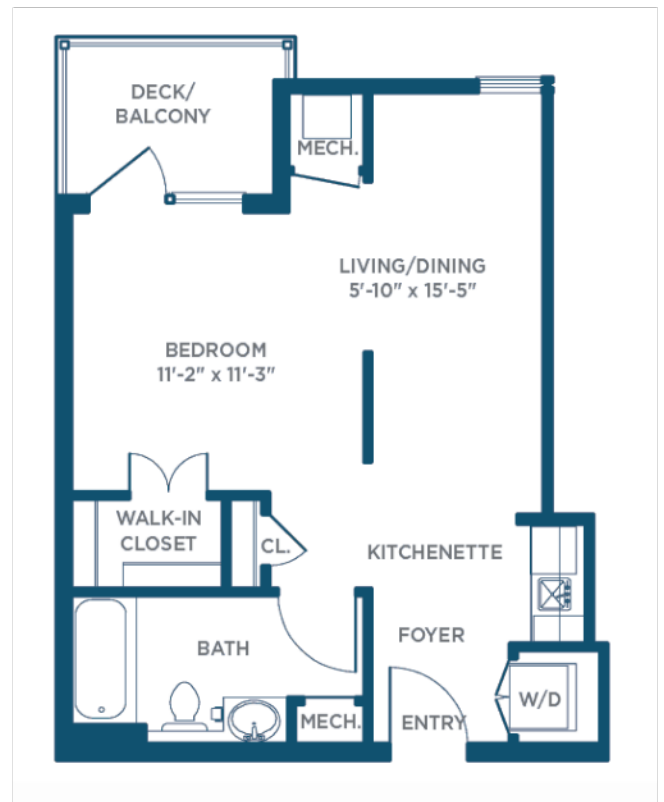
- *Individual thermostat controls*
- *Modern kitchens*
- *Washers and dryers in each apartment*
- *Utilities (electricity, water, telephone)*
- *Housekeeping*
- *Trash service*
- *Pest control*
- *No property taxes*

If you think moving in means leaving your furry loved one behind, it doesn't. All apartments at Somerby Mobile are pet-friendly.



### The Sage

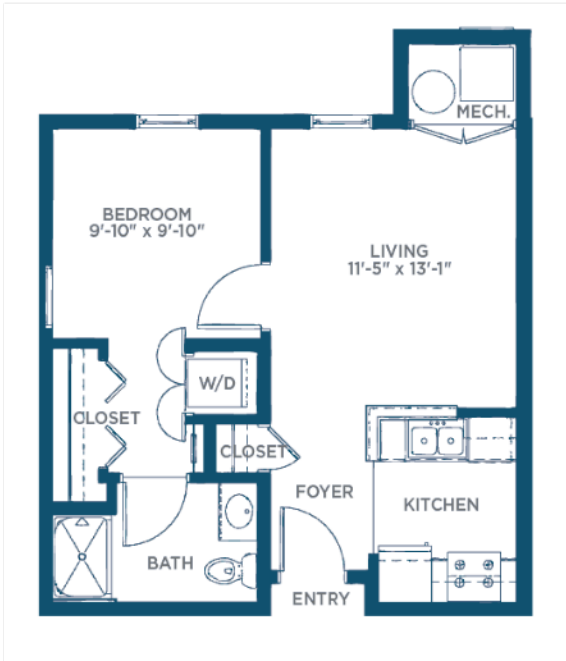
444 sq. ft. — 1 Bedroom/1 Bath





**The Azalea**

541 sq. ft. — 1 Bedroom/1 Bath



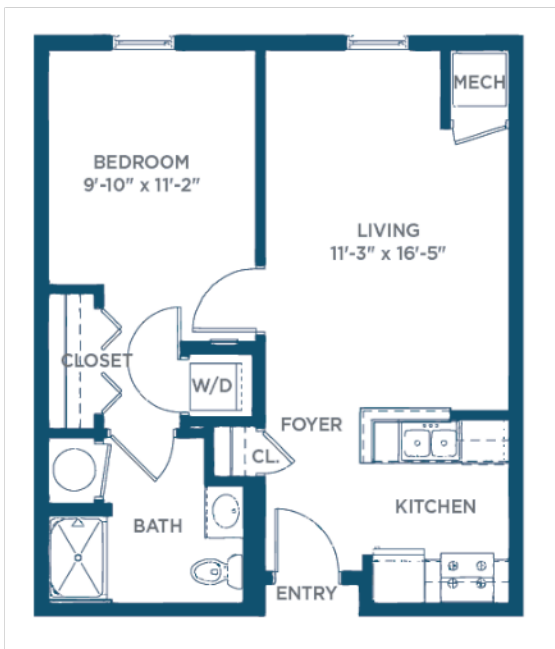
**The Sunflower**

558 sq. ft. — 1 Bedroom/1 Bath



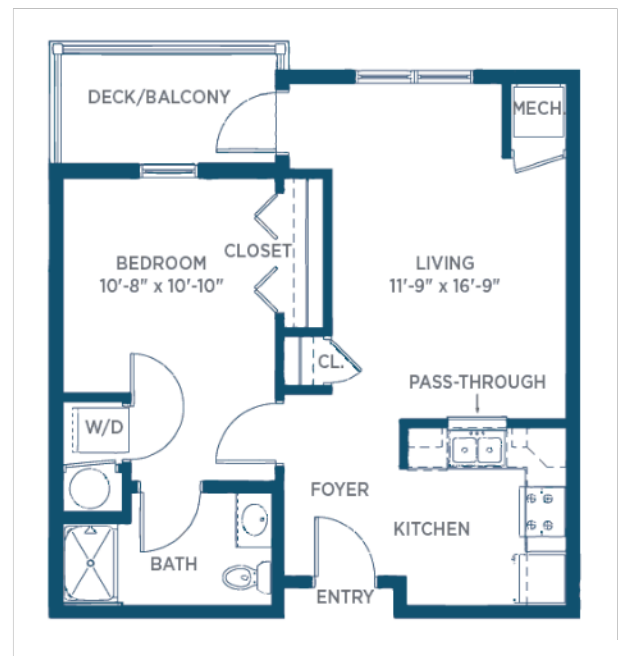
**The Admiral**

609 sq. ft. — 1 Bedroom/1 Bath



**The Brigadier**

650 sq. ft. — 1 Bedroom/1 Bath



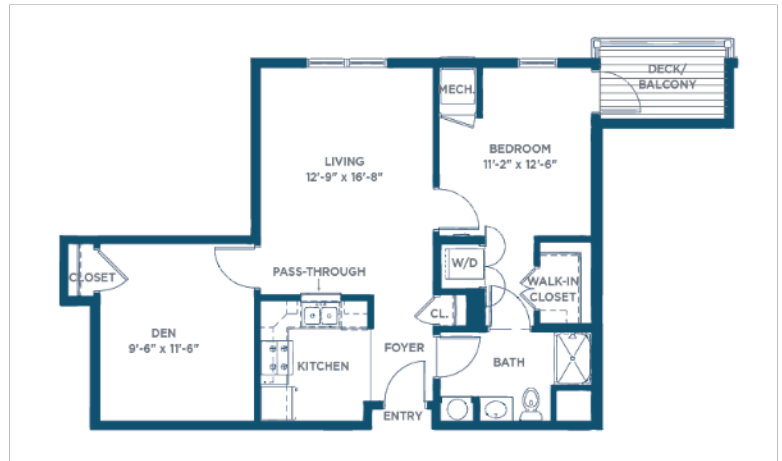
**The Commodore**

730 sq. ft. — 1 Bedroom/1 Bath



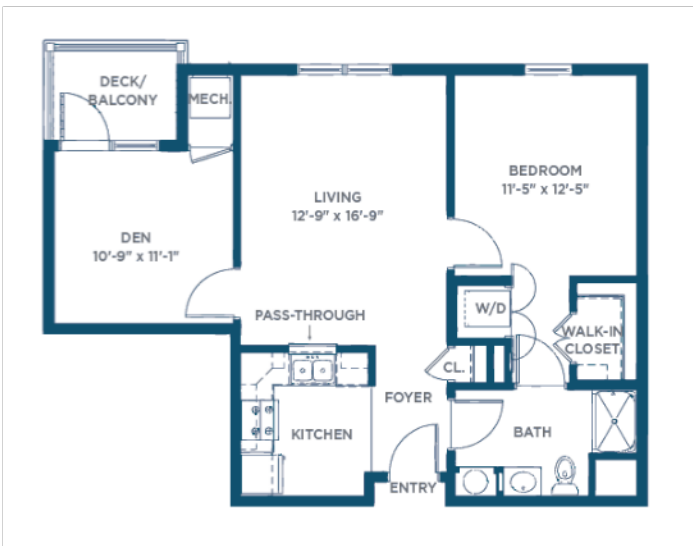
**The Dauphin**

816 sq. ft. — 1 Bedroom/1 Bath



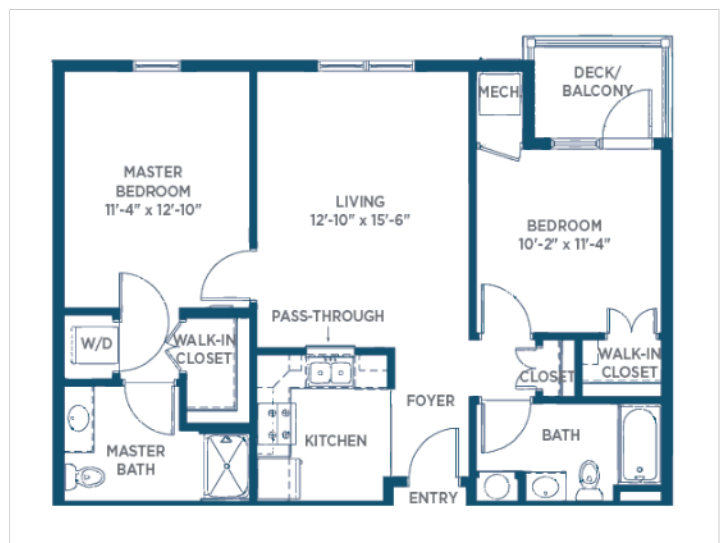
**The Dogwood**

839 sq. ft. — 1 Bedroom/1 Bath



**The Evergreen**

868 sq. ft. — 2 Bedroom/2 Bath



# Independent Living

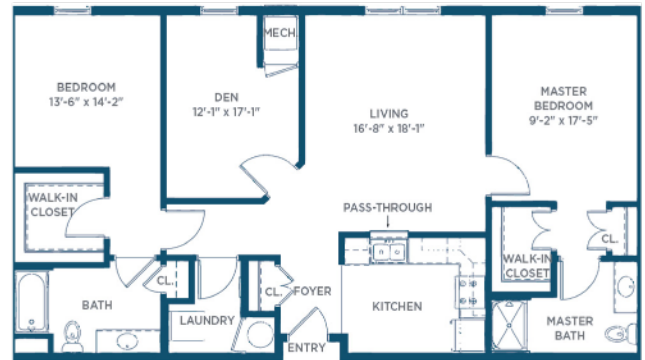
## The Forsythia

1,151 sq. ft. — 2 Bedroom/2 Bath



## The Grand

1,332 sq. ft. — 2 Bedroom/2 Bath



## The Villa

1,228 sq. ft. — 2 Bedroom/2 Bath





**Your desire to stay active can still be fulfilled, thanks to the expert care of Somerby Mobile's friendly professionals.**

# Assisted Living

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## **A helping hand toward a happier life.**

With the support of friends and family, aging successfully is rarely a solitary achievement. But sometimes, the need for more consistent help arises. Fortunately, your desire to stay active can still be fulfilled, thanks to the expert care of Somerby Mobile's friendly professionals.

Naturally, help is available daily, so your security is ensured. We also feature an emergency response system, daily check-ins, and a medication management service so you never have to worry about what to take or when.

***A few other common ways our associates assist with daily activities include:***

- ***Assistance with bathing and dressing as needed***
- ***Help getting in and out of bed***
- ***Help getting to meals and other activities***
- ***Additional assistance at mealtime if needed***
- ***Discreet personal care whenever needed***

**For Assisted Living residents, we offer four floor plans – two studio/1-bath options and two 2-bedroom/1-bath layouts.**

Like all of our apartments, they feature an open, as happy a community as possible.

**All apartments include**

- *Individual thermostat controls*
- *Modern kitchenettes*
- *Utilities (electricity, water, telephone)*
- *Housekeeping*
- *Trash service*
- *Pest control*
- *No property taxes*

Of course, they're pet-friendly too.

\*Additional costs may apply.



**The Amaryllis**

390 sq. ft. — 1 Bedroom/1 Bath



**The Begonia**

410 sq. ft. — 1 Bedroom/1 Bath



**The Willow**

485 sq. ft. — 2 Bedroom/1 Bath



**The Oak**

615 sq. ft — 2 Bedroom/1 Bath



# Memory Care

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## **Making the most of every day.**

If you have a loved one experiencing cognitive issues, it's encouraging to know there's a place like Somerby Mobile. A place where every day is designed to be as positive and productive as possible. To help ensure that happens, every staff member on our Memory Care team undergoes specialized training, resulting in a combination of expert care and extraordinary empathy that both your loved one – and your entire family – will appreciate.

### ***Some features of our Memory Care living include:***

- ***Daily on-site support of trained staff***
- ***Nutrition management***
- ***Assistance, including extra social and one-and-one time, to help each resident experience as much joy as possible every single day***
- ***Emotional support using proven techniques individualized for each resident***
- ***Family-centered consultation and involvement to help achieve consistently better outcomes***



## Memory Care apartments are available in two different 1-bedroom/1-bath floor plans.

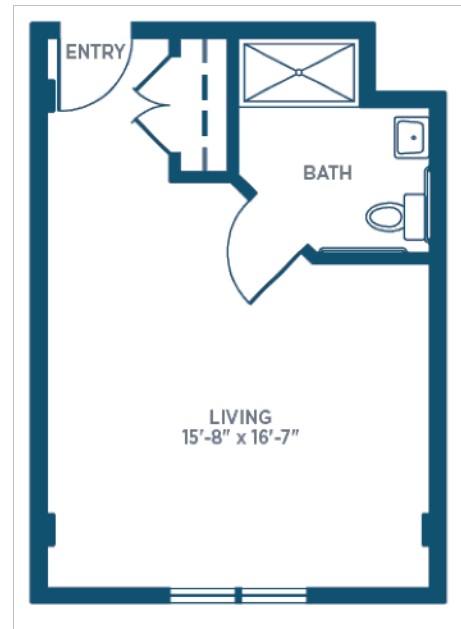
They are and designed to facilitate the highest levels of safety and care.

### All apartments include

- *Individual thermostat controls*
- *Laundry service*
- *Utilities (electricity, water, telephone)*
- *Housekeeping*
- *Trash service*
- *Pest control*
- *No property taxes*

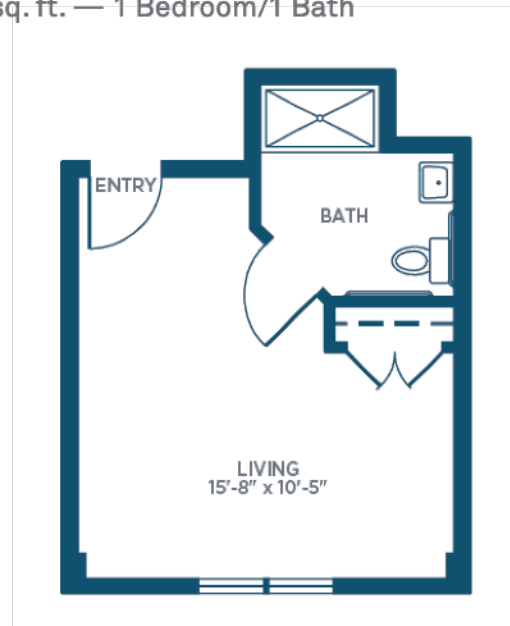
### The Buttercup

332 sq. ft. — 1 Bedroom/1 Bath



### The Aster

319 sq. ft. — 1 Bedroom/1 Bath





# It's what's on the inside that counts.

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When you're considering a senior living community, there are certain "must-haves." A choice of spacious apartments. A compassionate staff. Inviting meals you can look forward to. Outstanding care whenever care is needed.

At Somerby Mobile, we agree that these are, indeed, "must-haves." But as a Bridge Senior Living community, being great at those things is just the starting point, not the finish line. Because a great life demands more – much more – than simply being "good enough."

# A feast for the body and the soul.

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If food is the foundation of healthy living, mealtime may just be the foundation of a healthy community. After all, breaking bread with friends and family has been a principal way of building relationships, stirring the heart, and sharpening the mind throughout history.

**At Somerby Mobile, we take the joy of mealtime seriously. Our dining experience was specifically created to provide both outstanding menu options and memorable moments with friends.**

#### **The Château Restaurant**

Professional chefs prepare the meals at this upscale dining space. White linens, seasonal delights, and daily menu changes (with multiple entrée selections per meal) accentuate the experience. A perfect place to enjoy fresh flavors with a healthy side of lively conversation.



Grow as a person, build stronger relationships, deepen your spirituality, expand your knowledge, and live with purpose.

# All it takes is a single Spark.

Will you find outstanding amenities at Somerby Mobile? Of course. How about activities? More than space here will allow us to describe. But before we talk about those, let's talk about this: Discover Your Spark.

Discover Your Spark was developed by Bridge Senior Living to help our residents rekindle old hobbies and ignite new passions — to understand what styles and types of activities they enjoy the most and then suggest new avenues of exploring those passions from all angles. So you not only stay active, but you also grow as a person, build stronger relationships, deepen your spirituality, expand your knowledge, and live with purpose.

Our residents truly love Discover Your Spark and we believe you will, too. We also think you'll love all the wonderful amenities and activities you'll find at Somerby Mobile, including:

- *Maintenance-free living, allowing you to pursue your interests, with continuing care available if you ever need it*
- *As much privacy or social, cultural, and spiritual involvement as you choose, with freedom and genuine value compared to the typical homeowner's lifestyle*
- *Chef-prepared meals featuring multiple entrée options at the Château Restaurant*
- *Free films at Somerby's Encore Theater*
- *Weekly housekeeping and linen service*



- *Recreational and social programming scheduled daily*
- *Library with computer center*
- *Creative arts studio*
- *Indoor, heated, aerobic exercise pool*
- *Barbershop and salon with hair styling and manicures (additional charges apply)*
- *Game room for billiards, cards, and more*
- *Pet-friendly*
- *Medical director – Concierge visits for Assisted Living and Memory Care residents*
- *On-site fitness center with physical, speech, and occupational therapy services available*
- *Scenic walking trails*
- *Relaxing courtyards*
- *Scheduled transportation to off-site appointments and events*
- *Daily safety checks for all residents*
- *Medication management program*
- *Convenient in-house pharmacy*

# More than a touch of useful technology.

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While it may be great fun to reminisce about days gone by, few of us would care to return to using party-line telephones or adjusting rabbit ears on the ole television.

**At Somerby Mobile, we don't just welcome the march of technological progress – we join in the innovation parade.**



Here are a few of the ways we're making our residents' lives better via high-touch, high-tech solutions:

## **Bridge Senior Living App**

Somerby Mobile is operated by Bridge Senior Living. So, naturally, we use the Bridge Senior Living App. Powered by LifeLoop, this app offers a central hub for residents, their families, friends, and staff to stay connected by sharing personalized activity schedules, photos, messages, and more.

## **Telehealth**

The era of doctors making house calls is back – at least virtually. Not only do we offer technical support for your telehealth appointments, we even conduct appointments in the privacy of your room or apartment. It's convenient, safe, and thorough. Just what the doctor ordered.

# Bridge Senior Living makes all the difference.

**BRIDGE  
SENIOR  
LIVING** Somerby Mobile is operated by Bridge Senior Living, recognized as one of the most innovative, senior living community management companies in the United States.

Beyond developing forward-thinking initiatives, such as the Bridge Senior Living App and Discover Your Spark, Bridge Senior Living stands apart for its commitment to resident safety with the Bridge Safe program. Bridge Safe ensures that we have enhanced safety protocols in place to protect our residents and the resources to put those protocols into practice. From enhanced cleaning and guest screenings to daily check-ins to enhanced air filtration, Bridge Safe helps keep Somerby Mobile as happy a community as possible.



Bridge Senior Living continues to pursue improvements and innovations across all aspects of community life. We're proud to be part of their family and welcome the opportunity to tell you more about how Bridge makes life at Somerby Mobile better every day.



## An honest discussion about financial matters.

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**At Somerby Mobile, we understand that the costs associated with moving into a senior living community are one of the main concerns for potential residents and their families.**

So we're very upfront with our prices and invite you to contact one of our expert associates with any questions you may have.

All rent, care fees and other fees are disclosed within the insert provided. These prices are inclusive of rent,

meals, utilities, maintenance, and housekeeping. Plus, you don't have to pay any property or real estate taxes.

There are many options when it comes to financing a life at Somerby Mobile, including retirement savings, proceeds from selling your existing house, selling stocks and securities, etc. The options aren't quite limitless, but they are numerous. So again, we invite you to contact one of our experts to discuss matters further. And it truly will be a discussion and not a sales call. We promise.





# What else would you like to know?

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Seriously, we'd really love to hear from you and help you learn even more about what makes Somerby Mobile such a wonderful place. Yes, everyone here may be a bit biased, but we believe residents and staff alike would tell you that being a part of this community was the right decision for them.

Is it the right decision for you? That's not for us to say. After all, everyone's needs and situations are different. But you'll never know for sure unless you stop by and take a look around for yourself, which you are cordially invited to do.

**To schedule your own visit at Somerby Mobile, please call 866-382-7801.** We promise it will be a zero-pressure experience.

**Take a tour, meet some residents, meet the staff, ask all the questions you like – even enjoy lunch if you time it right! Just give us a call and we'll make it happen.**

**To schedule a visit or for more information about Somerby Mobile, call 866-382-7801.**

**Somerby Mobile  
901 Somerby Drive  
Mobile, AL 36695**

